



# Holy Cross Parish

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THIRD SUNDAY OF LENT

BULLETIN #14

MARCH 8, 2026

## Contact the office @ 306-757-1325 for

Baptism 1st Eucharist  
Confirmation Reconciliation  
Marriage Funerals  
and other concerns

We acknowledge that Holy Cross Parish is located on Treaty 4 Territory, the traditional homeland of the Nêhiyawak (Cree), Nahkawé (Saulteaux) and Nakota and homeland of the Métis Nation, Dakota and Lakota.

## PARISH STAFF TEAM

Fr. Carlos Jimenez  
Pastor

Deacon Martin Kondzielewski  
Office & Pastoral Assistant  
[hc.office@holycrossregina.ca](mailto:hc.office@holycrossregina.ca)

Rita Gareau  
[bookkeeper.holycross@sasktel.net](mailto:bookkeeper.holycross@sasktel.net)

Jacob Antony  
Caretaker

## HC Office Hours:

Monday—Friday, 9:00 a.m. to 12:00 p.m.

## Masses

Sat. 5:00 pm  
Sun. 9:00 am  
Tues. 7:00 pm  
Wed. 9:00 am  
Thur. 9:00 am  
Fri. 9:00 am

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## THIRD SUNDAY OF LENT

Exodus 17:3-7 / Romans 5:1-2, 5-8 / John 4:5-42

## Are You Listening?

FR. THOMAS M. SANTA, CSSR

"If today you hear his voice, harden not your hearts." (See Psalm 95.) Our psalm prayer invites us to respond to the Word of God. A positive response should be assumed as ordinary: very few among us would deliberately ignore God's voice. The challenge is not in responding "yes" to the invitation of the Lord but rather in "hearing" his voice.

There are so many voices that daily compete for attention. We seem to be bombarded every waking moment with some kind of noise that demands attention and action. At one time, Neil Diamond might have been able to celebrate the "Beautiful Noise" of the city, but it is far more difficult for us today. Frankly, the noise around us is deafening, and most people long for true silence, a break in the pattern, a vacation from the frantic anxiety that seems to be present.

A wonderful Lenten practice—indeed, a spiritual practice that goes well beyond Lent—is to freely choose to disconnect from distraction. Resist the temptation to plug in the earbuds. Refrain from the distraction of social media content. Leave your cell phone in the living room, go sit in the backyard, and pay attention to nothing. "Be still and know that I am God" (Psalm 46:11), the psalmist reminds us. Listen for God's voice, hear his call, and respond to the invitation. ●



LEARN ABOUT  
THE AUTHORS  
OF OUR PARISH  
COMMUNITY

The love of God has been  
poured out into our hearts  
through the Holy Spirit that has  
been given to us.

RÖMANS 5:5

## Reflect

Do I need more silence?  
Do I find silence difficult?

# What's Happening at Holy Cross 2

**CALENDAR RAFFLE WINNER**  
**March 1, 2026—Jane & Bob Beach**

## MASS INTENTIONS FOR MARCH 7—15 2026

Sat.	Mar. 7	For the intentions of the members of all Holy Cross choirs.
Sun.	Mar. 8	In memory of George & Dorothy White (their anniversary), offered by Kristy & Jennifer & families.
Tues	Mar. 10	In memory of Bill & Lynne Rieben, offered by Lori & Neil Garchinski.
Wed.	Mar. 11	
Thurs.	Mar. 12	In memory of Cal Murphy (birthday anniversary), offered by Joyce Murphy.
Fri.	Mar. 13	
Sat.	Mar. 14	PRO POPULO
Sun.	Mar. 15	In memory of Bernard Chomyn, offered by Bob & Helen Herauf.

## POOR MAN'S SUPPER

**Every Friday during Lent**  
**5:30 pm Soup & Sandwiches**



**By Donation**

**6:45 pm Stations of the Cross**  
**7:15 pm Mass**

**FRIDAY, Mar. 13—VOLUNTEERS**

### Poor Man's Supper

<b>Soups</b>	<b>Susan Leier</b>
Egg Salad (3)	John & Marie L
Tuna/Salmon (3)	Stefanie Wolfe
PB & Jam (2)	Helen Herauf

### Stations of the Cross

Pastoral Council

## SOCIAL ACTION COMMITTEE

### REMINDER—MARY'S MEALS

Mary's Meals operates in poverty-stricken areas of the world, some in Canada. This organization provides one meal a day to all students and gives them a reason to continue their education. It also supports their local communities by sourcing food from their local agriculture.

What a way to raise up and empower our global children!!

If you would like to contribute to this cause, you can do so by:

**Cash or cheque** into the collection baskets. A tax receipt will be issued if either is placed into an envelope identifying yourself and that it is to go to Mary's Meals. Please make all cheques out to Holy Cross Parish & write Mary's Meals in the memo section of the cheque. Any loose cash will not receive a receipt.

**E-transfer to [bookkeeper.holycross@sasktel.ca](mailto:bookkeeper.holycross@sasktel.ca)** – identify the purpose (Mary's Meals) in the message portion. A tax receipt will be issued.

**Social Justice jars** at each entrance to the Church. Place any loose change or donation that you wish to make into the jars. A tax receipt will not be issued.

Thanks again for your generosity and support of this program. God bless!!

## RECONCILIATION

A reminder that an evening Reconciliation this week—7:00 pm Thursday, March 12 - will have multiple priests available to hear your confession before the big celebration of Easter arrives.



LENTEN EVENTS				
Poor Man's Supper	5:30 pm	Fri.	Mar. 13	by donation
Stations of the Cross	6:45 pm	Fri.	Mar. 13	followed by Mass
Reconciliation	7:00 pm	Thurs.	Mar. 12	
Chrism Mass	2:00 pm	Fri.	Mar. 27	at Cathedral
Palm Sunday	5:00 pm	Sat.	Mar. 28	
Palm Sunday	9:00 am	Sun.	Mar. 29	



# What's Happening at Holy Cross 3

## PRO-LIFE NEWS

A 26 year old man died by euthanasia in a Vancouver funeral home Dec. 30, 2025. He had lost sight in his left eye and was refused MAiD in Ontario where he lived.

"Canada's medical assistance in dying (MaiD) law allow their son to doctor shop until he found a willing enabler on the other side of the country," the family says.

Request for MAiD was approved and administered by Dr. Ellen Wiebe, one of Canada's most prominent physicians, who told parliamentarians in May 2022 that she had by then provided MAiD to more than 430 people.

Under Track 2, while death doesn't have to be foreseeable, the person must be in an advanced state of irreversible decline from a serious and incurable condition, disease or disability that is causing "enduring physical or psychological suffering" that's intolerable to the person and that can't be relieved under conditions they consider acceptable.

People could still have years, if not decades of life.

Source" Sharon Kirkey, "Mother Grieves for Son Who Died by MAiD, National Post, February 3, 2026

## FINANCE COUNCIL

### CO-OP Taxi Ride-a-Cab Program at Holy Cross Parish

This is to inform all Holy Cross parishioners that our Parish has re-established the Ride-a-Cab program for individuals who need transportation assistance for attending mass and other Holy Cross Parish events. The Parish has once again partnered with CO-OP Taxi to provide this service for our parishioners.

To use the Ride-a-Cab program please follow the instructions below:

- Call Martin at the Parish Office to request a CO-OP Taxi business card. The card includes an account number associated with the Ride-a-Cab program.
- Once a person has the card, you can call CO-OP Taxi for a ride to Holy Cross, as well as arrange for a return ride if needed.
- When one calls, you must indicate your ride request to Holy Cross and provide the CO-OP dispatcher &/or taxi driver with the **account number** on the reverse side of The CO-OP taxi business card.
- ALSO, if one requires wheelchair service for the taxi ride, you must inform CO-OP Taxi at the time you order the ride. If the business card is no longer required, return the card to the Parish Office, to help Holy Cross monitor the costs. Please DO NOT give the card to another person.

## PARISHIONERS' CORNER

Happy birthday to Ruth Robillard on Monday, March 9th. She is the only one to celebrate this week.

**May the Lord bless you and keep you! The Lord let his face shine upon you, and be gracious to you! The Lord look upon you kindly and give you peace.**

The Knights began the Poor Man's Supper with 31 people attending and most staying for Stations of the Cross and Mass. The second Friday of Lent more than doubled that number with 71 people, including lots of kids, as the girls' Challenge Club came with their families and led Stations. So wonderful to see (and hear) all those youngsters in our church, who were very well behaved, and the girls did a good job.



## EASTER FLOWERS 2026

Easter flowers for our church are supplied through the generous donations given by parishioners in memory of deceased loved ones or in honor of the living.

If you wish to make such a memorial donation, complete this form and place it along with your gift in an envelope clearly marked **Easter Flowers**. Place the envelope in the collection basket or give to the Parish Office. OR pay by eTransfer to

[bookkeeper.holycross@sasktel.net](mailto:bookkeeper.holycross@sasktel.net) marked **Easter Flowers** and include necessary information.

All memorials will be published in the Church bulletin over the Easter season unless otherwise indicated. Final acceptance date: **Wednesday, April 1 at noon**. Thank you.!

*In Memory of*

(Name of deceased)

*In Honor of*

(Name of the living person who is being honored)

*Requested by*

*Amount* \_\_\_\_\_ *Envelope #* \_\_\_\_\_

\_\_\_\_\_ Please do not publish my gift.

# What's Happening at Holy Cross 3



**KNIGHTS KORNER**  
38 Years of Service to Holy Cross  
1988—2026

## SHAMROCK SALES

Knights of Columbus members from our Council will be selling Shamrocks in support of Camp Monahan this weekend after each Mass. Please support this worthy cause so the events that Camp Monahan provide for youth in the Diocese can continue. Your contributions will be greatly appreciated.

## Sask K of C Vocations Endowment

Last week our Council introduced the K of C Vocation Endowment fundraising campaign in support of Saskatchewan Seminarians. A brochure with the details of the K of C Charitable Foundation Vocations Endowment project was provided in last weekend's Parish bulletin. Additional brochures are available at each Church entrance, on the K of C information table in the Gerein Centre and a copy is available in the Holy Cross website ([holycrossregina.ca](http://holycrossregina.ca)). More details about the Vocations Endowment can be found at the Foundation's website: [saskkofc.foundation/sask-k-of-c-vocations](http://saskkofc.foundation/sask-k-of-c-vocations).

Please consider your support of our Seminarians through both your prayers and financial contributions. Thank you!

## 2026 MEMBER DUES

This is a reminder that the 2026 membership dues notices have been sent to Council members. For those affected, kindly remit your dues at your earliest convenience. Payment options are outlined in the notices. Thank you to those Brother Knights who have already paid this year's dues!

## UPCOMING EVENTS

**Sat. & Sun. March 7&8**—Shamrock Sales in support of Camp Monahan.

**Friday, Mar 13**—Poor Man's Supper – 5:30 PM, Upper Gerein (Followed by Stations of the Cross and Mass).

**Sun. March 15**—KofC Pancake Breakfast—10:00 AM (after 9 AM Mass)

**Tues. March 17**—Council monthly meeting—7:45 pm (after 7:00 pm Mass)

## What does it take to become a Knight of Columbus?

Fill out an information request at the K of C table located in the Gerein Centre. You will be contacted by a Knight from the Gerein Council.



CWL NEWS



The regular monthly meeting of the CWL took place Tuesday, March 3 in the Gerein Centre. CWL President Loretta Jelinski is under the weather recuperating from three fractured vertebrae; Secretary Connie Todd ran the meeting in her absence. Loretta's annual CWL report for the AGM was submitted for inclusion in the Holy Cross 2025 Report.

We assisted Cathleen Devraj financially for her efforts to put Miraculous Medals into the schools. The MyGen group and LeBoldus High School have both requested the medals.

Twenty-four doz. Muffins were collected for the Muffin Program providing a healthy breakfast snack for students of Sacred Heart School. Thanks again, all you bakers.

The CWL led Stations of the Cross last Friday after Poor Man's Supper.

## CABBAGE ROLLS!

We will be making those famous cabbage rolls again for Easter. Preparation of cabbage leaves & meat will be done Thursday, Mar. 26. **Making the cabbage rolls themselves will be done Friday morning, Mar. 27, beginning at 8:00 am. We welcome as many people as possible to help with the rolling on Friday.**

Another trade show has been booked at Holy Cross in the Gerein Centre on April 25. All 22 tables have been sold. There will be coffee & juices available for purchase and a *Mr. Spuds* food truck in the parking lot.

The CWL is responsible for ministries and Senior Choir of 5th Sunday Mass on Saturday, Mar. 28, which is also the Passion of the Lord (Palm Sunday).

Washing of the Feet for Holy Thursday *Last Supper, April 2* requires six CWL volunteers. It was noted that the ladies did not need a pedicure!

Other business:

- The membership voted on amendments to By-Laws of the National CWL.
- April 18 is Regional Diocesan CWL Convention in Yorkton. Phyllis Kennedy will attend.
- Sunday, May 24 will be the 65th year of the founding of Holy Cross CWL. There is a Mass Intention for that day. Celebration will be held at the regular June 2 meeting and supper before we break for the summer. Madeira Catering has been booked.

Father Carlos told us that he will be doing a Grad Mass for St. Dominic School, and is in talks with Miller High School as well.

The next CWL meeting will be after Easter on Tuesday, April 7.

Please consider joining us as we continue our charitable ministry and service to our community. We meet the first Tuesday of the months of October - December and February - June.

## 40-HOURS FOR LIFE

FEBRUARY 18 – MARCH 29, 2026

4:00 – 5:00 p.m.

Regina General Hospital – 14<sup>th</sup> Ave.

## What's Happening at Holy Cross 4



**“WHOEVER  
GAZES UPON  
ME ALREADY  
CONSOLES ME”**

[www.shroud.com](http://www.shroud.com)

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[HolyFaceOfJesusRegina@gmail.com](mailto:HolyFaceOfJesusRegina@gmail.com)

The Holy Face of Jesus, taken from the Shroud of Turin, will go up on a billboard on Sask Drive at Winnipeg Street from the week of March 23 for four weeks.

### THE CHRISM MASS AND HOLY OILS

During the Chrism Mass the Oil of the Sick and Oil of Catechumens are blessed, and the Chrism Oil is consecrated; Chrism, from the word Christ, which means the Anointed One of God.

Throughout the Bible oil has been used by the Israelites in everyday life, for cooking, as a healing agent, and also as fuel. As well, high priests use oil for anointing and consecration. Given this heritage, the Church adopted the use of oil in administration of the sacraments.

The **Oil of Catechumens** is a pure olive oil that is used to anoint infants and adults before they are baptized. The priest anoints the chest with the Oil of Catechumens and says the exorcism prayer, “I anoint you with the oil of salvation. In the name of Jesus Christ may He strengthen you with His powers, Who lives and reigns forever and ever.” The use of the Oil of Catechumens before baptism is to help the person to overcome the devil and temptation, and also to give them power to serve God with their life.

The **Oil of the Sick or Infirm** is also a pure olive oil used for the sacrament of Anointing of the Sick. St. James said, “Is anyone among you sick, he should ask for the priests of the Church. They, in turn, are to pray over him with oil in the name of the Lord.” This prayer, uttered in faith, reclaims the sick and restores him back to health. If he has committed any sin, forgiveness will be his. The priest anoints the forehead of the sick person and says this prayer, “Through this anointing, may God in His love and mercy help you with the grace of the Holy Spirit.” Then he anoints the person’s hands and says, “May the Lord who frees you from sin save you and raise you up.” The sacrament of the Anointing of the Sick gives the sick person the grace to bear the sickness and it also gives them emotional, physical and spiritual healing.

The **Chrism Oil** is a mixture of olive oil and an aromatic substance called balsam, which represents the sweet aroma of Christ. The oil is used during

confirmation, ordination, consecration of images and statues, and also during the sacrament of baptism. The Oil of Catechumens is first used before the sacrament itself. After the baptism he is then anointed with the Oil of Chrism marking him a Christian.

The Chrism Oil is mainly used for consecration and sanctification. During the Chrism Mass on Holy Thursday, the Chrism Oil is consecrated when the Bishop breathes into the oil, which symbolizes the invocation of the Holy Spirit upon the oil just like Jesus did to his disciples.

The Chrism Mass is one of the solemn liturgies of the Catholic Church. It’s celebrated annually on Holy Thursday. The priests and members of the diocese gather at the cathedral

to celebrate the Mass. The members renew their baptismal vows, then the priests renew their ordination vows. The Bishop blesses the two oils – Oil of the Sick and Oil of Catechumens. Then the Chrism Oil is consecrated by breathing into it and saying the consecration prayers. After the consecration the oils are shared among the parishes in the diocese to be used within the year. This shows the unity of all the parishes with the Bishop and the influence of the Bishop in all the sacraments of the Church.

The diocese stores extra oil in a container called the Ambry in case any parish runs out of oil within the year. After the year, the unused oil is burned and buried at the Easter vigil.

*Source: Amcatholic4life, YouTube (ranscribed from video)*

### KNIGHTS of COLUMBUS Pancake Breakfast

**Sunday, Feb. 15, 10:00 am**



**Adults: \$12  
Student: \$6  
Children Under 6: Free**

*Preach the truth as if we had a million voices,  
for it is silence that kills the world.*

*St. Catherine of Siena*

## What's Happening in the Archdiocese

### Journey Through Lent with the CCCB

The Canadian Conference of Catholic Bishops (CCCB) presents **Journey Through Lent**. This video series, a joint project of the CCCB's National Liturgy Office, *Office national de liturgie* and the Office for Evangelization and Catechesis, provides weekly Lenten spiritual reflections.

Reflections based on the readings for Sunday Mass will be available weekly from Ash Wednesday until Palm Sunday. Designed for individuals, families, and communities, *Journey Through Lent* encourages viewers to reflect on the Sunday readings.

This year's reflections are presented by:

- The Most Reverend Daniel J. Miehms, Bishop of Peterborough (in English).
- The Most Reverend Juan Carlos Londoño, Auxiliary Bishop of Québec (in French)

<https://www.cccb.ca/announcement/2026-journey-through-lent-weekly-video-reflections/>

### Bach's St. John Passion

The Regina Symphony Orchestra invites you to experience the Passion story brought to life through one of the most powerful sacred works ever written: *St. John Passion* by Johann Sebastian Bach.

Composed in 1724, Bach's *St. John Passion* sets the Gospel of John's account of Christ's arrest, trial, crucifixion, and burial in music of extraordinary depth and beauty. From intimate, prayerful chorales to dramatic, urgent choruses, the work draws listeners into the unfolding Passion story in a deeply personal way. The Evangelist narrates with clarity and intensity, the soloists give voice to the people and witnesses of Jerusalem, and the choir powerfully portrays both the crowd and the faithful.

More than a concert, this is an act of devotion. Bach wrote this masterpiece not for the stage, but for worship. Nearly three centuries later, its message remains immediate and moving, inviting us to stand at the foot of the cross and reflect on Christ's sacrifice with renewed understanding.

Join us for this special Lenten presentation of Bach's *St. John Passion* and prepare your heart for Holy Week through music that has inspired generations of believers.

#### **Bach's St. John Passion**

Saturday, March 28 | 7:30 pm  
Holy Rosary Cathedral

**Featuring:** Gordon Gerrard, conductor; Caitlin Wood, soprano; Marion Newman, mezzo-soprano; Asitha Tennekoon, tenor; Stephen Hegedus, bass-baritone and Ignite Chamber Choir, under the direction of Dorianna Holowachuk

Tickets available at [www.reginasymphony.com](http://www.reginasymphony.com)

### STEWARDSHIP BULLETIN BITS

***"Everyone who drinks this water will be thirsty again." John 4:13***

Jesus reminds us that material things, even something as basic as water, can never satisfy us over the long run. When we build our lives around material possessions, we will always want more, and no amount will ever satisfy our desire. True joy and peace only come when we follow Jesus—when we become more "God-centered" and less self-centered".

### TF S03 | E18| How Do I Know It's God? Catholic Discernment, Consolation, and Desolation Explained

In this episode of Thinking Faith, Deacon Eric Gurash and Dr. Brett Salkeld respond to a thoughtful question from Grade 9–10 students at Miller High School: How can I know when God is talking to me?

Drawing on the spiritual wisdom of St. Ignatius of Loyola, the conversation explores Christian discernment through self-awareness, honesty, and paying attention to the movements of the heart over time. They explain the difference between spiritual consolation and desolation, clarifying that these are not simply good or bad feelings, but experiences related to freedom, clarity, hope, and closeness to God.

The episode offers practical guidance on creating space to hear God's voice through silence, prayer, spiritual reading, Mass, confession, adoration, and the daily Examen, while cautioning against making major decisions during times of desolation. Listeners are encouraged to trust that God's voice often sounds like truth spoken within, to remain grounded in Church teaching, and to grow patiently in freedom and faith as God continues to shape their spiritual lives.

<https://bit.ly/TFArchdioceseReginaS03E18>



### Chrism Mass

Friday, March 27  
2:00 PM  
Holy Rosary  
Cathedral

Everyone is invited to join in this year's Chrism Mass. It will be held on Friday, March 27, at 2:00 pm at Holy Rosary Cathedral.

This Mass will also be livestreamed to our YouTube Channel at: [youtube.com/ArchdioceseRegina](https://youtube.com/ArchdioceseRegina)

