



Holy Cross Parish

315 Douglas Avenue East, Regina, SK S4N 1H7; Phone: 306-757-1325
www.holycrossregina.ca Email: hc.office@holycrossregina.ca

FIRST SUNDAY OF LENT BULLETIN #12 FEB. 22, 2026

Contact the office @ 306-757-1325 for

Baptism 1st Eucharist
Confirmation Reconciliation
Marriage Funerals
and other concerns

We acknowledge that Holy Cross Parish is located on Treaty 4 Territory, the traditional homeland of the Nêhiyawak (Cree), Nahkawé (Saulteaux) and Nakota and homeland of the Métis Nation, Dakota and Lakota.

PARISH STAFF TEAM

Fr. Carlos Jimenez
Pastor

Deacon Martin Kondziewski
Office & Pastoral Assistant
hc.office@holycrossregina.ca

Rita Gareau
bookkeeper.holycross@sasktel.net

Jacob Antony
Caretaker

HC Office Hours:

Monday—Friday, 9:00 a.m. to 12:00 p.m.

Masses

Sat. 5:00 pm
Sun. 9:00 am
Tues. 7:00 pm
Wed. 9:00 am
Thur. 9:00 am
Fri. 9:00 am

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FIRST SUNDAY OF LENT

Genesis 2:7-9, 16-18, 25; 3:1-7 / Romans 5:12-19 / Matthew 4:1-11

MONDAY

February 23
Lenten Weekday
Lv 19:1-2, 11-18
Mt 25:31-46

TUESDAY

February 24
Lenten Weekday
Is 55:10-11
Mt 6:7-15

WEDNESDAY

February 25
Lenten Weekday
Jon 3:1-10
Lk 11:29-32

THURSDAY

February 26
Lenten Weekday
Est C:12, 14-16, 23-25
Mt 7:7-12

FRIDAY

February 27
Lenten Weekday
Ez 18:21-28
Mt 5:20-26

SATURDAY

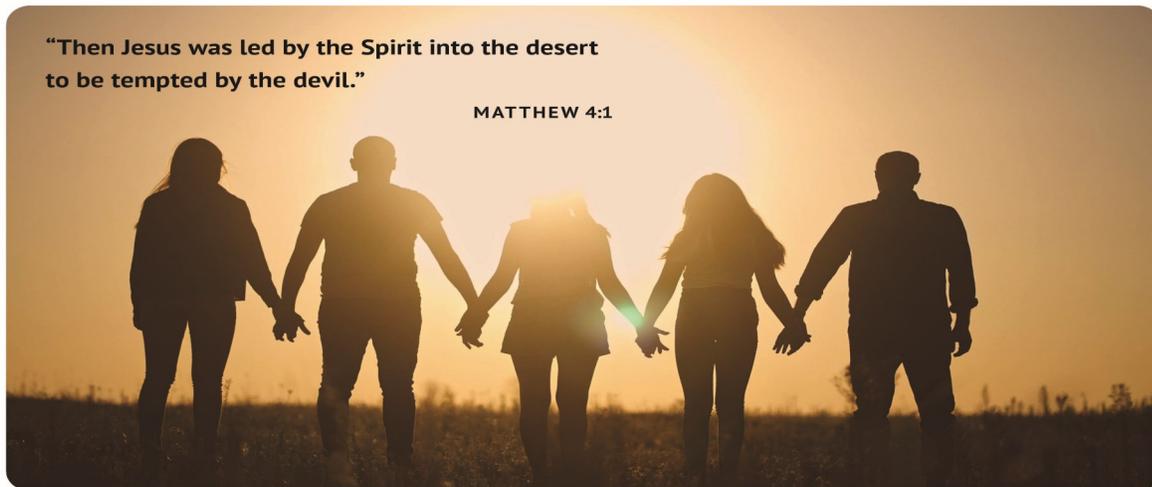
February 28
Lenten Weekday
Dt 26:16-19
Mt 5:43-48

SUNDAY

March 1
Second Sunday of Lent
Gn 2:1-4a
2 Tm 1:8b-10
Mt 17:1-9

"Then Jesus was led by the Spirit into the desert to be tempted by the devil."

MATTHEW 4:1



Jesus for the Win

MIGUEL DULICK

The account of the temptations could be presented as a comical play. Pope Francis insisted, "Don't talk to the devil!" Indeed, Jesus does not engage in dialogue with Satan, much less any negotiation or any business. Stones become bread? Jesus may have fasted for forty days, but he's had plenty to eat—"every word that comes forth from the mouth of God" (Matthew 4:4). Nor will Jesus "test" his Father by jumping off the "parapet of the temple" (like the bell tower of a gothic church). (See Matthew 5-7.) You don't play God, and you don't play with God. Satan really beclowns himself with the last temptation—promising the whole world if Jesus would just take a knee? No one would fall for that, would they?

Except—most of us. We'd do the bread; we'd do the jump; we'd definitely do the world! Look at the first reading, from Genesis. Adam and Eve give up paradise for a piece of fruit! It's a sad story because Eve does chat with the serpent, answering questions, allowing for a different point of view. But, as they say on Facebook, Satan "destroys" her! And Adam, too. If they didn't sew fig leaves for each other, the whole story would be unbearable. Even as they realize their sin, there is a little tenderness.

Saint Paul explains it clearly. Sin entered the world, but with Jesus Christ, there is an "overflow" of grace for the many. (See Romans 5:15.) And that's what Lent is about—a flood of grace. ●

Reflect

What grace do I pray for this Lent—for myself and for someone who is struggling?



LEARN ABOUT THE AUTHORS OF OUR PARISH COMMUNITY

What's Happening at Holy Cross 2

CALENDAR RAFFLE WINNER

February 15, 2026—Ruth Robillard

MASS INTENTIONS FOR FEBRUARY 21—MARCH 1, 2026

Sat.	Feb. 21	In memory of Al Roesch, offered by Ursula Roesch.
Sun.	Feb. 22	PRO POPULO
Tues	Feb. 24	In memory of Katherine Liska.
Wed.	Feb. 25	
Thurs.	Feb. 26	In memory of brother Emile Breton, offered by Jeanine Wild.
Fri.	Feb. 27	
Sat.	Feb. 28	PRO POPULO
Sun.	Mar. 01	For the intentions of Ed & Marj Jelinski, offered by Dan & Shirley Devers.

POOR MAN'S SUPPER

Every Friday during Lent

5:30 pm Soup & Sandwiches



By Donation

6:45 pm Stations of the Cross

7:15 pm Mass

FRIDAY, Feb. 27—VOLUNTEERS

Poor Man's Supper

Soups

Sandwiches

Egg Salad (4)

Tuna/Salmon (4)

PB & Jam (3)

Joyce M. & Irene Wald

Mel Fenrick

Dolores Deis

Stations of the Cross

Challenge Girls

Job Opening: BOOKKEEPER HOLY CROSS PARISH—REGINA

Closing date: Feb. 27, 2026 (revised)

Holy Cross Parish is seeking a Bookkeeper to manage parish financial records and reporting. This role supports the mission of the parish through responsible stewardship and collaboration with parish leadership.

Qualifications:

- Practicing Catholic
- Grade 12 diploma
- Accounting or bookkeeping education/experience
- Strong organizational, communication, and computer skills
- Ability to work independently and maintain confidentiality

Time Commitment:

- Hours average 5 – 8 hrs/wk.

◇ Hours may vary during year end and special events.

◇ resume and cover letter to:

ron.adams@myaccess.ca AND

jangenert@sasktel.net



CWL NEWS

Let us be slow to judge. Each person sees from their own point of view, as their mind, with all its limitations, tells them, and through eyes that are often dimmed and clouded with passion.

St. Josemaria Escriva

The next regular monthly meeting of the CWL will take place Tuesday, March 3 in the Gerein Centre. The Muffin Program will be in effect to supply a healthy breakfast snack for students of Sacred Heart School.

Please consider joining us as we continue our charitable ministry and service to our community. We meet the first Tuesday of the months of October—December and February - June.



LENTEN EVENTS

Poor Man's Supper	5:30 PM	Fri.	Feb. 27	by donation
Stations of the Cross	6:45 PM	Fri.	Feb. 27	followed by Mass
Lenten Recollection	9-12 noon	Sat.	Mar. 7	followed by lunch
Reconciliation	7:00 PM	Thurs.	Mar. 12	

What's Happening at Holy Cross 3

SOCIAL ACTION COMMITTEE

Mary's Meals operates in poverty-stricken areas of the world, some in Canada. This organization provides one meal a day to all students and gives them a reason to continue their education. It also supports their local communities by sourcing food from their local agriculture.

What a way to raise up and empower our global children!!

If you would like to contribute to this cause, you can do so by:

Cash or cheque into the collection baskets. A tax receipt will be issued if either is placed into an envelope identifying yourself and that it is to go to Mary's Meals. Any loose cash will not receive a receipt.

E-transfer to bookkeeper.holycross@sasktel.ca – identify the purpose (Mary's Meals) in the message portion. A tax receipt will be issued.

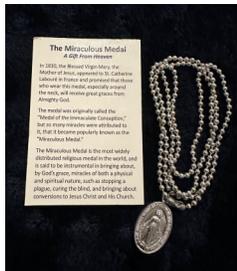
Social Justice jars at each entrance to the Church. Place any loose change or donation that you wish to make into the jars. A tax receipt will not be issued.

Thanks again for your generosity and support of this program. God bless!!

MIRACULOUS MEDALS

The Miraculous Medal is a sacramental, a holy object, action or prayer the Church gives us to help us grow in faith and grace. Other examples are holy water, Rosaries, scapulars, religious medals.

Blessed Miraculous Medals are available for a small donation on the table in the Gerein Centre..



FAST AND ABSTINENCE

As Catholics we are obliged to join the Church around the world in the only two days of fast and abstinence—Ash Wednesday and Good Friday.

For Catholics aged 14 years and older, every Friday is a day of abstinence from meat.

From the age of 14 until the age of 60 all Catholics are obliged by the law of fasting, which is eating two small meals and one regular meal, with no food in between meals.

“Lenten practices of giving up pleasures are good reminders that the purpose of life is not pleasure. The purpose of life is to attain to perfect life, all truth and undying ecstatic love—which is the definition of God.”

Source: (Soon-to-be) Blessed Archbishop Fulton Sheen

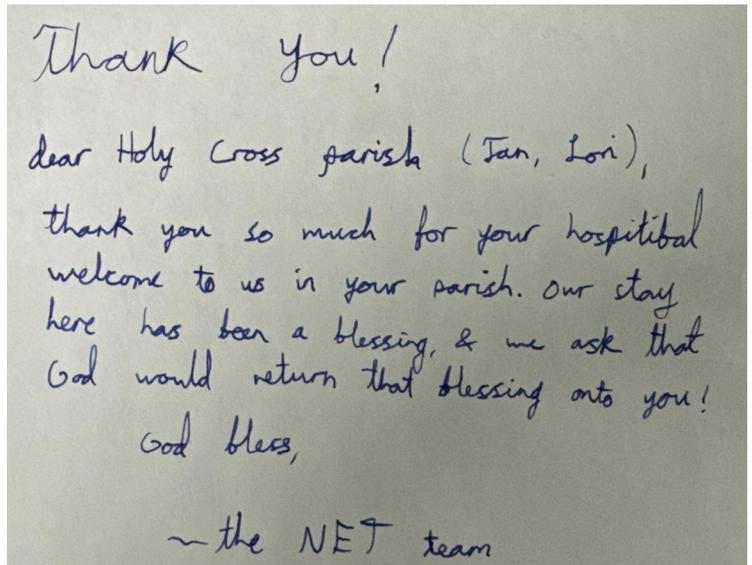
PARISHIONERS' CORNER

We have three birthdays this week: Gladys Herzberger on Monday, Feb. 23; Jane Beach & Gerald Workman on Tuesday, Feb. 24. Happy birthday!

May the Lord bless you and keep you! The Lord let his face shine upon you, and be gracious to you! The Lord look upon you kindly and give you peace.

Apologies to the Bob Liska Family when we mistakenly listed a memorial Mass intention to be for Kathleen, not Katherine, Liska. We all know and remember Katherine (Kathy) well.

We were happy to have had a couple of the young NET missionaries stay with us this past weekend and attended Mass here on Sunday. Pastoral Council members Lori Garchinski and Jan Genert made sure they were well fed, including the Pancake Breakfast. Here is their thank you note:



NET stands for National Evangelization Teams and is a Catholic charity committed to challenging young Catholics to love Christ and embrace the life of the Church.

An interesting note: one of the girls in the full NET group here knows Joyce Murphy's grandson from Fort Worth, Texas. We figure he stayed with her family in Scotland when he was with NET Ministries himself a couple of years ago. Small world.

Dan Devers lets us know that Eldon Ell will be moving into his new digs at William Albert House in Emerald Park on Thursday afternoon and looks forward to visits from Brother Knights and parishioners.

Don't forget to tell us about any important events going on in your life where we can pray for you and with you or help you celebrate. Contact Deacon Martin at pastoral.assistant@holycrossregina.ca or 306-347-0929 OR Joyce Murphy at byapple@sasktel.net or 306-789-1983.

What's Happening at Holy Cross 4



KNIGHTS KORNER
37 Years of Service to Holy Cross
1988—2026

THANK YOU!

We extend a heartfelt thank you to all the Holy Cross Parishioners and friends who attended our Pancake Breakfast on Sunday, Feb 15th. There were 52 people who contributed to the success of this event. Your support is truly appreciated.

Also, our Council is pleased to announce that we are supporting Father Carlos's Medjugorje Pilgrimage trip with special purpose donations from each Pancake Breakfast till April.

Sask K of C Vocations Endowment

In 2018 the Bishops of Saskatchewan partnered with the Sask K of C Charitable Foundation to create the Sask K of C Vocations Endowment. The proceeds from this Endowment are disbursed on an annual basis equally to each seminarian throughout all Saskatchewan Dioceses, Eparchy and Abbey to help defray the \$30,000.00 per year it costs to educate each Seminarian.

In support of the K of C Vocation Endowment, the Knights of Columbus Gerein Council will participate with our Parish in a fundraising campaign beginning on Feb 28th- Mar 1st, 2026. More details will be provided next weekend.

ACKNOWLEDGEMENT

Our Council would like to acknowledge the following organizations for their recent Thank You cards resulting from the donations made to them: Marian Centre, Santa Maria Senior Citizens Home and ALS Society of Saskatchewan. The Gerein Council supports these organizations for their work and worthy causes they provide in our community.

2026 MEMBER DUES

This is a reminder that the 2026 membership dues notices have been sent to Council members. For those affected, kindly remit your dues at your earliest convenience. Payment options are outlined in the notices. Thank you to those Brother Knights who have already paid this year's dues!

UPCOMING EVENTS

Friday, Feb 27th - Poor Man's Supper – 5:30 PM, Upper Gerein (Followed by Stations of the Cross and Mass.

Saturday, Feb 28th & Sunday, Mar 1st – K of C Vocations Endowment Program

Wednesday, Mar 4th – Regina KofC Chapter Mtg, 7:00 PM, St. Basil's Church

Friday, Mar 6th – Poor Man's Supper – 5:30 PM, Upper Gerein (Followed by Stations of the Cross and Mass.

What does it take to become a Knight of Columbus?

fill out an information request at the K of C table located in the Gerein Centre. You will be contacted by a Knight from the Gerein Council.

PILGRIMAGE TO MEDJUGORJE

April 6 –16, 2026

Since 1981 and up to the present day, this small village in Bosnia Herzegovina has been receiving a daily apparition by the Blessed Virgin Mary. Many parishioners from Holy Cross and other parishes in the Regina Archdiocese have made a pilgrimage such as this in recent years.

The following are things you will be able to see and do:

Daily Mass in St. James Church
(Patron saint of pilgrims)

Rosary on Apparition Hill

Stations of the Cross on Cross Mountain

Visit to the Cenacola Rehabilitation Centre

Visit to the Castle

Visit to Mary's Meals

Professional Guide

Father Carlos is booked already. If you are interested in joining us, call Cathleen Devraj, 306-789-0705 or email cdevraj48@gmail.com.

A story told by Sister Bethany Madonna of the Sisters of Life in a video published by FOCUS (Fellowship of Catholic University Students)

Saint Margaret Mary Alacoque, French mystic and nun whose visions of Jesus gave us the devotion to the Sacred Heart of Jesus, was told by Jesus in a vision to ask Jesuit priest and saint, Father Claude La Colombière, to be her spiritual director.

Father Claude was skeptical and requested proof of Saint Margaret Mary's visions. He asked her to ask Jesus for the last mortal sin he had confessed.

When Margaret Mary Alacoque asked Him, Jesus said,

"I don't remember."

Source: Jacqueline Burkepile, ChurchPOP, Feb. 15, 2026

PRO-LIFE NEWS

Medical Assistance in Dying (MAiD) even extends to Canada's prisons. Since 2018 at least 15 Federal inmates have been euthanized, with 67 applications overall and numbers climbing. The state now offers death as an "escape" for those already caged, preferring lethal injection over meaningful reform, rehabilitation or humane care.

Source: Sarah Holliday, The Washington Standard, "Manipulation, Abuse, and Pseudo-Solutions: Canada is Showing Us the True, Ugly Colors of Euthanasia", Jan. 27, 2026.

What's Happening in the Archdiocese

RACHEL'S VINEYARD

Are you hurting because of an abortion? Rachel's Vineyard is a safe place to renew, rebuild and redeem hearts broken by abortion. Weekend retreats offer you a supportive, confidential and non-judgmental environment where women and men can express, release and reconcile painful post-abortive emotions to begin the process of restoration, renewal and healing.

Our next retreat in Saskatoon will be held on April 24-26, 2026. To register, please contact Elaine at 1-306-480-8911 or email r.vineyardsk@sasktel.net.

TF | S03 E17 | Eucharist, Adam and Eve, and Images of Jesus: Catholic Theology Explained

In this episode of Thinking Faith, Deacon Eric Gurash and Dr. Brett Salkeld explore key questions in Catholic theology and Scripture, beginning with Eucharistic theology, Eucharistic miracles, and why belief in the Real Presence does not depend on miracles alone.

Drawing on questions from Grade 9 and 10 students at Miller High School in Regina, the conversation also includes Adam and Eve, and what these teachings reveal about the unity of the human family as well as a discussion on images of Jesus in art, examining historical accuracy, cultural expression, and how enculturated imagery helps communicate the Gospel across time and place.

<https://bit.ly/TFArchdioceseReginaS03E17>

Journey Through Lent with the CCCB

The Canadian Conference of Catholic Bishops (CCCB) presents ***Journey Through Lent***. This video series, a joint project of the CCCB's National Liturgy Office, *Office nationale de liturgie* and the Office for Evangelization and Catechesis, provides weekly Lenten spiritual reflections.

Reflections based on the readings for Sunday Mass will be available weekly from Ash Wednesday until Palm Sunday. Designed for individuals, families, and communities, *Journey Through Lent* encourages viewers to reflect on the Sunday readings.

This year's reflections are presented by:

- The Most Reverend Daniel J. Miehms, Bishop of Peterborough (in English).
- The Most Reverend Juan Carlos Londoño, Auxiliary Bishop of Québec (in French)

<https://www.cccb.ca/announcement/2026-journey-through-lent-weekly-video-reflections/>

STEWARDSHIP BULLETIN BITS

"It is written: 'The Lord, your God, shall you worship and him alone shall you serve.'" Matthew 4:10

Tempted between the riches and power of this world and service to God, Jesus chose service to His Father. If we wish to truly follow Jesus, we, too, must decide to turn away from worldly power and riches and put God at the center of our lives. Lent is our time to prune ourselves of earthly things and develop and nurture heavenly things. Lent is time to repent and let go of the other "gods" we have put before God.

40-HOURS FOR LIFE

FEBRUARY 18 – MARCH 29, 2026

4:00 – 5:00 p.m.

Regina General Hospital – 14th Ave.

40 Hours for Life. Spend an hour each day during Lent praying for the unborn babies who are scheduled for death at the Regina General Hospital. Meet at 14th Avenue.

Holy Hour of Prayer for Mental Health

Join us at Christ the King parish at 3239 Garnet Street in Regina on Thursday, February 26, from 7:00 pm to 8:00 pm for a Holy Hour of Adoration and Prayer focused on mental health needs. Whether you are living with mental health challenges, offering accompaniment and support for someone you love, or are a mental health ally, all are welcome to join us for this hour of quiet reflection and communal prayer with the Blessed Sacrament as we unite in faith and seek consolation, peace, and support.

For more information and support, visit www.emmaussupport.ca.

RENEW Lent

RENEW your Lent with a curated weekly email filled with Lenten reflections, inspirational resources, and Lenten challenges sent to your inbox each week of Lent, week by week, until Easter. Sign up at <https://archregina.flocknote.com/ArchdioceseofRe3>, or email: mgurash@archregina.sk.ca with RENEW Lent in the subject line. Sign up today to ensure you don't miss anything.

CUERNAVACA STORE open at Resurrection Parish, Monday and Tuesday, Feb 23 and 24, 2 pm to 9 pm. Men's shirts, t-shirts, kids' clothes, tablecloths, purses, aprons, and silver.

Lent: A Season To Grow.

Purpose of Lent

The season is not only about external observances but also about **inner conversion**, aligning one's heart and actions with Christ's teachings. Through fasting, prayer, and almsgiving, Catholics seek to grow spiritually, practice self-discipline, and prepare to celebrate the Resurrection at Easter.

What can we do to facilitate this conversion?

1. Fasting and Abstinence

Fasting: Catholics aged 18–

59 are required to fast on Ash Wednesday and Good Friday, meaning one full meal and two smaller meals that together do not equal a full meal.

Abstinence: Catholics aged 14 and older abstain from meat on Ash Wednesday and all Fridays during Lent. Fish and other cold-blooded animals are permitted, while meat from land animals is avoided.

Many Catholics also choose additional personal fasts, such as giving up sweets, alcohol, or social media, to foster self-discipline and spiritual focus.

2. Prayer

Lent encourages intensified prayer, including daily Scripture reading, praying the Rosary, attending Mass, and participating in the **Stations of the Cross**.

Prayer is meant to deepen one's relationship with God and cultivate reflection, humility, and repentance.

3. Almsgiving

Almsgiving involves acts of charity, such as donating money, goods, or time to help those in need.

Almsgiving is a tangible expression of love and solidarity with others, reinforcing the spiritual purpose of Lent.

Lenten resources are available through the **Archdiocese of Regina's RENEW** program. Daily Lenten practices and challenges to enhance your Lent. Sign up using the form to the right or text **RENEWLENT** to 514-900-0130.

[Lenten Resources - Archdiocese of Regina](#)

Additional Traditions

Giving Something Up:

Many Catholics choose to abstain from a particular pleasure or habit for the season, such as chocolate, caffeine, or entertainment, as a form of penance and spiritual growth.

Spiritual Challenges: Joining Bible studies, prayer groups or Lenten programs like BEST LENT EVER can help Catholics engage more deeply with their faith.

Liturgical Symbols:

Purple vestments symbolize penance and preparation, while ashes on Ash Wednesday remind believers of mortality and the need for repentance.

Community Meals:

Fish fries and other communal meals on Fridays provide fellowship while observing abstinence from meat.

Holy Week Observances

Palm Sunday: Commemorates Jesus' entry into Jerusalem.

Holy Thursday: Marks the Last Supper and the institution of the Eucharist.

Good Friday: Observes Christ's crucifixion with fasting, prayer, and veneration of the Cross.

Holy Saturday: Prepares for the Easter Vigil, concluding the Lenten fast.